



Reading to your Child(ren) is Essential

Families: Research shows that reading to your child(ren) makes a huge difference in their life. Here are just a few of the ways.

- ***The Evidence Is In...Reading Aloud To Your Children has Lasting Benefits***

According to The National Literacy Trust, “early reading experiences with their parents prepare children for the benefits of formal literacy instruction,” has positive benefits on students’ “interest in reading, attitudes towards reading and attentiveness in the classroom”, and lets children understand that “reading is a valuable and worthwhile activity.” To read more, visit: <https://files.eric.ed.gov/fulltext/ED496346.pdf>

- ***Reading With Your Children Is A Special Fun Time They Will Always Treasure***

According to a fall 2016 Scholastic survey, 72% of kids ages 6 – 11 and 77% of their parents agree “that they enjoy read-aloud time with the top reasons being it is a special time together.” 66% of kids and 67% of parents also thought that “reading together is fun.” To read further about this survey, visit:

<http://www.scholastic.com/readingreport/key-findings.htm>

- ***Reading To Children Helps Them Succeed At School Regardless Of Parental Income, Education Or Culture***

One Australian study found “a direct causal effect from reading to children at a young age and their future schooling outcomes regardless of parental income, education level or cultural background.” (Dept. of Education & Early Childhood Development and The University of Melbourne, *Reading to Children: A Head Start in Life*, Australia) Read the report available at:

<http://www.education.vic.gov.au/documents/about/research/readtoyoungchild.pdf>

- ***Reading To Children At An Early Age Prepares Them For Reading Independently***

City Trends Data Bank conducted a study to see how reading to children affects their literacy achievements later in life. Overwhelmingly, children whose parents read to them acquire significantly better literacy skills, socioeconomic benefits and greater school success. See: http://www.childtrends.org/wp-content/uploads/2012/11/05_Reading_to_Young_Children.pdf

- ***Reading Aloud To Children Promotes Language Development***

Multiple studies and pediatric journals report that reading to children during early childhood helps language development. See this July 2008 article:

http://www.reachoutandread.org/FileRepository/ReadingAloudtoChildren_ADC_July2008.pdf

- ***Reading To Young Children Helps Make Them “Empathic Citizens Of The World”***

According to this Washington Post article, reading aloud to your children has multiple benefits including making them empathetic to others. In addition, they cite the value of children’s choice for encouraging independent recreational reading. To read more, visit:

https://www.washingtonpost.com/news/parenting/wp/2017/02/16/why-its-important-to-read-aloud-with-your-kids-and-how-to-make-it-count/?utm_term=.b3eea4322a27

- ***Reading Aloud To Your Children Helps Build Their Memory, Spark Their Curiosity And Helps Them Cope With Stress***

The Reach Out & Read National Center provides a plethora of resources on the importance of reading to your children. See these two important articles:

<http://www.reachoutandread.org/our-story/importance-of-reading-aloud/>

http://www.reachoutandread.org/FileRepository/ReadingAloudtoChildren_ADC_July2008.pdf

- ***Reading Out Loud To Your Children Is The “Single Most Important Activity” And Many Parents Aren’t Doing It***

A 2018 survey of parents with children in the household ages 0 to 8 showed that reading aloud has a positive impact on brain development. To see the full survey results, visit:

<http://www.readaloud.org/surveyreport.html>